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**Rev. Helen Robinson - Telephone 0408 527 521 - email [helenrobinson12@bigpond.com.au](mailto:helenrobinson12@bigpond.com.au)**

We welcome all visitors to our services this day; we trust you are enjoying your stay on the Surf Coast. Please take our greetings to your Congregation with you when you return home.

### Helens Space

Today we celebrate the Commissioning of elders and lay leaders at Anglesea. Many thanks to those who have agreed to take on various positions of responsibility,

- On Monday 13th Feb. worship will be celebrated at Anglesea Aged Care at 10:30am.
- SCUC Finance Committee meets at Torquay at 2pm on Wed. 15th February.
- SPAN begins for the year on Thursday 16th Feb. at 6pm. Everyone is very welcome to come along to this very pleasant time of fellowship at the Anglesea Church.
- Presbytery of Port Philip West meets in council at the Hoppers Crossing Uniting Church on Saturday 18th Feb. from 9:30-12:30.
- Commissioning of Church Councillors will take place at Torquay Uniting Church on Sunday 19th February.
- SCUC Linked Council meets on 21st Feb. at Aireys Inlet at 2pm.
- Anglesea Elders meet at 4pm on Thursday 23rd.

Please also keep in mind that Pancake Day will be “on again” at Aireys Inlet Community Hall, on Tuesday 28th Feb. Open for business from 11am- finish of the after school rush.

Ash Wednesday falls on March 1st, and worship with reception of ashes and Holy Communion will be celebrated at Torquay at 7pm. I also want to arrange with Fr. John Webster a similar afternoon service at Aireys Inlet. I await his reply to my email.

Turning to our Gospel text for today, Matt. 5:21-37, we find Jesus’ words are mainly about personal integrity. By this I mean that our behaviour and our outer “being” actually reflect our inward “being”. Jesus talks about not only “you shall not murder”, but indeed how wrong it is to be angry with someone or to insult them with wounding words. This is about integrity in the sense that not only are we not to harm anyone else, but we are not to will to harm them. This poses a problem for us because we are all subject to becoming angry. It is simply a fact about the human condition, and it involves certain involuntary things which happen in our bodies. It’s as basic as that.

It is not possible for us to make a choice to never be angry. Human beings are not made that way. The most important thing is how we deal with it. It takes self-control not to lash out with words when we are cross. But, as we all know, it’s important not to do that. Relationships can be very damaged in exactly those circumstances. Perhaps we have occasions when it is better to walk out of the room than to say what is on the tip of our tongue. Maybe that’s the best course of action in the circumstances. We’re all aware of that.

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**Today**  
 Anglesea 9.00  
 Aireys Inlet 10.30  
**Rev Helen Robinson**  
 Torquay 9.30.  
 Bellbrae 11.00  
**Worship Teams**

**Next Week**  
 Anglesea 9.00  
**Rev Bernie Long**  
 Aireys Inlet 10.30  
**Worship Team**  
 Torquay 9.30.  
 Bellbrae 11.00  
**Rev Helen Robinson**



**Bellbrae Bric-A-Brac and Book Stall**  
 Sorting each Tuesday  
**from 1pm – 4.30pm**  
 helpers are very welcome.  
 Opening times  
**Thursday, Friday 10am–4pm**  
**Saturday 10am–1pm**




## Remember Our Fire Plan

No Church Services will take place on any Sunday declared Extreme or Code Red in the Central district of Victoria



Flipping fun for a good cause



# PANCAKE DAY 2017



Get behind Pancake Day in 2017 and help UnitingCare support people living in crisis.

pancakeday.com.au

UnitingCare f t i

**Uniting Care Pancake Day Tuesday 28th February 11.00am - 4.00pm Aireys Inlet Community Hall**  
Tea and Coffee available. All proceeds to Uniting Care Geelong

# OUR SPACE

## ART EXHIBITION

Mixed mediums and styles by members of St. Alvens Painters Group

**8-14 FEBRUARY, 2017**  
Opening Friday 10 February, 5-7pm

Complimentary drinks and nibbles  
All Welcome

**SURFCOAST ART SPACE**  
Shop 2, 105 Great Ocean Road, Anglesea  
(Bridge end of Noble St.)  
After hours enquiries 0407 180 385.




### Helens Space (continued)

Having avoided an immediate clash, we may be “cool” enough to think through the whole situation, including the other person’s viewpoint. It’s easier to say that than to do it in practice, as we all know. It can be hard for us to admit that there might at least be something to the other person’s point of view. It may be that we have more life experience than the other person. Nevertheless, they have their own viewpoint at that particular time. Of course, sometimes we simply have to agree to disagree, and not go “over the top” about it. We’re never perfect, and life’s never perfect. May God help us along the way. Amen.

### Beaut Beanies meet again on Tuesday mornings

We would love to welcome more occasional or regular knitters to join us in making beanies, teddies, rugs, or scarves for people in need. 10.30am-noon, February to November in Torquay Uniting Church Foyer. **Contact Jan 5264 3519**

### The first Linked Council meeting for this year

Is on Tuesday February 21st at 2 PM at Aireys Inlet. Please ensure your congregational reports are sent to Noni by Friday the 17th February

**SPAN (Sing Pray And Natter) at Anglesea is starting the year on Thursday 16th. Feb with a BBQ at John & Margaret Russell’s home (6pm start) at 15a Walker St. Anglesea (Ph 0418 508 185).**

All are invited to attend, the meat will be provided and we would like those coming to bring either a plate of salad or a sweet. We need to know the numbers attending so please ring to say you are coming we would love to see you there.

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### Our Web Site seems to have had a Melt Down

It has lost its header, menu, footers and sidebar and the background colour has changed from yellow to blue. Apart from that everything else seems to be OK, you will notice that there is a list of all our pages on the right hand side. If you click on any item the appropriate page will open and the information will still be available. I have not been able to fix the problem and have requested help by email without an answer. So I will be on the phone on Monday to see if things can be rectified. Peter Heath