Surfcoast Uniting Churches

Aireys Inlet 9.30am, Bellbrae 11am, Torquay 9.30am. www.surfcoast.unitingchurch.org.au

For assistance, please contact your Congregation Council Chairs :

Jane Skelton:0400 190 580 Maxine Flakemore:0422 632 809

Keith & Mary Bremner:0427 701 276 Rev Tevital Holani: 0425 726 844



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We acknowledge that we meet and worship on the land of the Wadawurrung people and pay our respects to their elders past present, and emerging.

Find out more at www.wadawurrung.org.au.

Words shared from Rev Tevita's reflection for today.

Luke 10: 38 – 42.

"Wherever you go, there you are." - Jon Kabat-Zinn

Are we Martha, or are we Mary? Are we people of action, or are we contemplatives? Would we rather be quiet alone with God, or would we rather be out there doing something for God? In today's Gospel Martha is anxious in the kitchen (Luke 10:40-41), while Mary sits at the feet of Jesus (Luke 10:39). The two have often been contrasted, contemplation versus



action, prayer versus deeds. But this is a false dichotomy. They are not really opposed; after all they are sisters. Some spiritual guides try to connect the two by saying that what we plant in the ground of contemplation, we reap in the harvest of action (Meister Eckhart). True enough, however, there are ways to bring these two siblings ever closer together. Martha's problem was not that she was busy in the kitchen. She was anxious and worried. Worry always takes us away from the moment. Worry is focused on regrets from the past, or on fear of the future. It is never here and now. Jon Kabat-Zinn, writing from the Buddhist tradition, teaches us to be where we are, totally zoned into our present activity. That is contemplation, no less than sitting at the feet of Jesus. Mary is listening. We can also listen in our activity if we are "wherever we go." Are we there? Or does fret take us elsewhere? Martha had a monkey mind (Buddhist term). She was not at peace. When Jesus says that Mary had chosen the better part (Luke 10:42), he did not mean to contrast action with prayer. Action can be prayer. Jesus was making a distinction between anxiety and peace. The monk and mystic Thomas Merton was speaking of this from the Christian point of view in his last book. The title itself says it all: "Contemplation in a World of Action."

Sunday July 31st there will be a Combined Surfcoast service held at the Bellbrae church @ 11.00am.

Lots of wonderful hymns will be a big part of this worship for us all on the Surfcoast. People are encouraged to bring a picnic sandwich (not necessarily to share) for after the service as it's at 11:00am. Cars will be leaving Torquay U.C. at 10.30am for anyone who needs a ride? Please see Tricia or Jane if you need a ride.

Sharing who we are and what we've experienced.

There will be another short conversation during the service at Torquay with one of our own sharing some of life's experiences.

Remember, we all have a story to tell, so let either Jane or Tricia know if you would like to be involved in this.

Lectionary Readings

July 17: Pentecost 6 July 24: Pentecost 7

Hos 1:2-1

Ps 52 Ps 85

Am 8:1-12

Col 1:15-28 Col 2:6-15 (16-19)

Lk 10: 38-42 Lk 11:1-13

Sunday 17th July:

Rev. Tevita is leading worship at Aireys Inlet and Bellbrae.

Torquay service will be read by Geoff Genat, with Tevita on video.

IOCAL NEWS & DIARY DATES:

Change in venue :::::Every Thursday Cuppa.

Doc Hughes in Torquay about 10.30 for a coffee and chat.

Bomboras closed until September. ALL WELCOME

ONLY 3 weeks

to the Surfcoast ARTS Trail -Saturday 6th And Sunday 7th August. 10am to 4pm

At Torquay Uniting & Oak Tree Place, there will be Devonshire Teas and local craft and produce for sale plus Beaut Beanies will have a stall. Saturday only. At Bellbrae Uniting there will be Devonshire Teas and Treasures from the Opshop & BookRoom for sale. They will enjoy a Taize service earlier than usual, so the Arts Trail doors can be opened afterwards for the day.







A reminder to come along this Saturday and join in with The Armstrong Creek Uniting Church Faith community.

This time of fellowship involves some bible study, discussion and sharing a meal.

Saturday July 16th at 5pm in Oak Tree Place.

We are all invited to come along and join in this fellowship led by **Chris Machar**. Please bring a plate of food to share.

ATTENTION: please do not drop any items of food or clothing for UNITING at the Harpers' residence, until notified again.

Items can still be left at Torquay church in the basket or dropped off at Uniting Barwon in Grovedale. Remember all food items and warm blankets and clothes are required.

Thank you to all those who are honouring their financial pledges to our Surfcoast Congregations each week. Your contribution is valued and keeps us open. For Bank deposits- Acc: **Surfcoast Uniting Church** NAB BSB: 083-929 and Account Number 93-009-8403 Use notes AIREYS: AI3231 BELLBRAE:BB3228 TORQUAY: TQ3228

A Mid-Winter Feast.

For all members & friends of our Surfcoast churches.

Friday 22nd July

6pm to 9pm @ Oak Tree Place



Rug up and share some conversation & food at Oak Tree Place. BYO drinks. Let Tricia or Jane know if you'd like to come.

No more food is needed.. No charge.

Report on Winter Book Club .. A Love story.

A very pleasant afternoon was spent with 8 attending. 9 books were presented ranging in age from classics of the 12th century though to popular fiction in the 21st. We



travelled from the Australian bush, through England to Petra and into poetry and the spirit world.

A good discussion, good books, good fun, and a delicious afternoon tea.

Our next topic is "Crime & Punishment" for the Spring Bookclub.

Date yet to be decided.

Annette Packett is exhibiting some of her beautiful quilting at this fair in Melbourne. Have a day up in the big smoke and enjoy the creative work.



There is no substitute for...

Airey's Inlet St Aidan's Church, 29 Great Ocean Rd, Airey's Inlet.

Bellbrae: Uniting Church. School & Anglesea Roads, Bellbrae

Torquay: Torquay Uniting Church, 27 Anderson Street, Torquay

BELLBRAE BRIC-A-BRAC OP SHOP & BOOK ROOM: Uniting Church

Hall, Bellbrae OPEN Friday & Saturday 10am to 4pm.